HALLUCINOGENS & ECSTASY

LSD, mushrooms and Molly: the facts and the real numbers.

Know the Basics

What they are

Drugs that change how people see, hear, feel and think, including LSD (acid), psilocybin mushrooms ("shrooms") and ecstasy (MDMA or "Molly"), a stimulant with hallucinogenic effects.

Unpredictable effects

"Bad trips" can bring panic, paranoia and frightening hallucinations. Poor judgment while high leads to injuries, and effects can last many hours.

Molly is rarely just MDMA

Pills and powders sold as Molly often contain other drugs, including meth, "bath salts" or fentanyl.

Overheating

MDMA can cause dangerous overheating. Drinking large amounts of water to cool off can also be dangerous.

Store-bought "mushroom" products

Some candies and gummies sold as mushroom products have made people seriously ill, and FDA has warned consumers about them.

BY THE NUMBERS

99%+

of Indiana students in every grade, 7th–12th, did **not** use hallucinogens or ecstasy in the past month.

0.7%

of Indiana 12th graders used them in the past month in 2026, down from 3.2% in 2016.

0.3% to 0.6%

Indiana 9th graders' rate rose from 2024 to 2026, the only significant change in any grade.

2026 Indiana Youth Survey

Data Check: Using These Numbers Right

- **Two drugs, one number.** The survey combines hallucinogens and ecstasy into one question, so you can't say which drug students used.
- **The wording changed in 2026.** The survey added "mushrooms" and "shrooms" to its examples, so the 9th-grade increase may partly reflect the new wording rather than more use.
- **"Significant" doesn't mean large.** Even after the rise, fewer than 1 in 100 9th graders reported use. Wait for the 2028 survey before calling it a trend.

Laws & Safety in Indiana

- **LSD, psilocybin and MDMA are illegal in Indiana.** Some states run supervised adult psilocybin programs, but that doesn't apply here.
- **Emergency signs:** overheating, seizure, extreme agitation or confusion, or passing out. Call 911, move them somewhere cool and stay with them.
- **Poison Control:** 1-800-222-1222, free and confidential, 24/7.

Campaign Angles

- **Lead with the majority:** more than 99 in 100 Indiana students don't use these drugs.
- **Bust the myth:** "natural" doesn't mean safe, and Molly is rarely what it claims to be.
- **Watch, don't hype:** track the 9th-grade number before treating it as a new trend.

Sources: 2026 Indiana Youth Survey, Prevention Insights, IU School of Public Health-Bloomington; National Institute on Drug Abuse (NIDA); U.S. Food and Drug Administration (FDA); DEA.